

1	2	3	4	5	6	7	8	9	10
0:05:58	0:11:56	0:17:54	0:23:52	0:29:50	0:35:48	0:41:46	0:47:44	0:53:42	0:59:40
11	12	13	14	15	16	17	18	19	20
1:05:40	1:11:40	1:17:40	1:23:40	1:29:40	1:35:40	1:41:40	1:47:40	1:53:40	1:59:40
21	22	23	24	25	26	27	28	29	30
2:05:40	2:11:40	2:17:40	2:23:40	2:29:40	2:35:45	2:41:50	2:47:55	2:54:00	3:00:05
31	32	33	34	35	36	37	38	39	40
3:06:11	3:12:17	3:18:23	3:24:29	3:30:35	3:36:43	3:42:51	3:48:59	3:55:07	4:01:15
41	42	Maraton	4:15 óra						
4:07:25	4:13:35	4:14:49							