

1	2	3	4	5	6	7	8	9	10
0:06:20	0:12:40	0:19:00	0:25:20	0:31:40	0:38:00	0:44:20	0:50:40	0:57:00	1:03:20
11	12	13	14	15	16	17	18	19	20
1:09:40	1:16:00	1:22:20	1:28:40	1:35:00	1:41:21	1:47:42	1:54:03	2:00:24	2:06:45
21	22	23	24	25	26	27	28	29	30
2:13:08	2:19:31	2:25:54	2:32:17	2:38:40	2:45:06	2:51:32	2:57:58	3:04:24	3:10:50
31	32	33	34	35	36	37	38	39	40
3:17:18	3:23:46	3:30:14	3:36:42	3:43:10	3:49:39	3:56:08	4:02:37	4:09:06	4:15:35
41	42	Maraton	4:30 óra						
4:22:04	4:28:33	4:29:51							